

**Facial Reflexology Sorensensistem™** is a therapeutic system in which stimulation of reflexology zones and points on the face and cranium are utilised to rebalance the individual. It combines ancient alternative therapies including: energy meridians and acupuncture points from the Chinese and Japanese traditions with Vietnamese and South American body maps, cranial points and lines with the modern science of neuroanatomy.

This system has been devised by Lone Sorensen, a multi-disciplinary therapist who has combined these therapies to rebalance the individual on all levels, physical and psychological.

Facial Reflexology Sorensensistem™ provides the therapist with a system to identify the health imbalances within a client and the knowledge to initiate a healing process using the balancing properties drawn from the above disciplines. Protocols include cranial work, use of nerve points together with aspects of colour and aromatherapy, and meridian balancing. The therapy is appropriate for clients of all ages including children (who respond particularly quickly) and the disabled.

A treatment is normally 45 to 60 minutes duration. The entire surface of the face is treated (except the eyelids), stimulating a natural improvement in the blood circulation, lymphatic drainage, muscle tone and nerve function, all of which contribute to the improved health of the client and results in a glowing complexion!

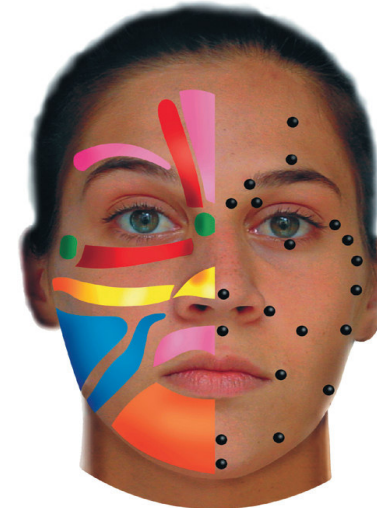
Facial Reflexology Sorensensistem™ is a powerful and effective treatment on its own, but can be used in conjunction with foot reflexology, body massage and by therapists skilled as beauticians, acupuncturists, aromatherapists, chiropractors, dentists, doctors, special needs teachers and osteopaths.

Facial Reflexology Sorensensistem™ is recognised by the following associations:

Association of Reflexologists (AoR)  
British Reflexology Association  
Embod  
BABTAC  
Federation for Holistic Therapists (FHT)  
Irish Reflexologists' Institute  
Independent Professional Therapists International (IPTI)

# Facial Reflexology

Sorensensistem™



An exciting new dimension - and a significant training opportunity for therapists.

Facial Reflexology Sorensensistem™ is a fascinating holistic therapy incorporating Oriental and South American healing traditions with the science of neurology. Sorensensistem is a new generation complementary therapy, as it is a health treatment working on reflexology maps of the body, with a beauty benefit. It adds a new dimension to the skills of foot reflexologists, beauty and massage therapists and other health professionals, and provides an accessible route into a career in complementary therapy.

Recognised by the most significant professional associations, Sorensensistem™ is taught in the Middle East by Lone Sorensen and Julie Greenhalgh,

### Quotes from qualified therapists in Facial Reflexology Sorensensistem™

“I love it! I love giving the treatments because I see so many benefits for the client’s, especially the children.” PR

“Facial Reflexology has taken my healing skills to another level spiritually.” CC

“Facial Reflexology has offered another dimension to my practice, not only because it incorporates the Meridian energy system, but also because it appeals to clients who prefer to receive the therapeutic benefits of reflexology through facial treatments.” ER

“It is a boost to the therapists confidence to actually see results on all levels happen just quicker. The actual treatment just seems to bring a rapid response.” DT

### Course Fee and payments

The price of the course is Dhs 8,250.00. This covers 8 days of tuition, course notes, on-line support during the period of study and the examination fee. It also includes a one-year membership of Global Facial Reflexology Network, the organisation established by Lone Sorensen, and entitles you to discounts off products and selected post graduate courses.

Course fees are payable in three instalments: a first deposit of Dhs 450 to reserve a place, and two instalments of Dhs 3,900, payable prior to Parts 1 and 3.

A deposit of Dhs 450 is required in advance of the workshop to reserve you place

To reserve your place on the course and for more information please contact Julie Greenhalgh on: 050 732 0551 or email: [Julieg@eim.ae](mailto:Julieg@eim.ae), [www.juliegreenhalgh.com](http://www.juliegreenhalgh.com), [www.reflexologiafacial.es](http://www.reflexologiafacial.es)

**Venue -** to be decided Abu Dhabi / Dubai

Please bring along your treatment bed (if you have one) and pack lunch (depending on venue), note book and coloured pens/pencils.

### The course

The course consists of 8 days of tuition, divided into two blocks of 4 days, called Parts 1 & 2 and Parts 3 & 4. There is usually an interval of some weeks between the two blocks to allow assimilation and practice, before the introduction of further knowledge and practical skills.

### Examination

After Part 4, there is an interval of approximately 6 - 8 weeks before a written and practical exam. The date of the exam is usually scheduled on a date mutually agreed by the course participants. Two case histories, involving a minimum of 5 treatments each, are required in order to receive the course Diploma issued by Instituto Reflexologia Facial Podal Internacional, Barcelona – recognised by the aforementioned professional associations.

### Course details

#### Part 1 6<sup>th</sup>-7<sup>th</sup> November 2009

- Introduction to the Oriental, South American (Mapuche) health traditions and neurological systems that underpin FRS™.
- The seven fundamental procedures of every FRS™ treatment.
- Practical work.

#### Part 2 8<sup>th</sup>-9<sup>th</sup> November 2009

- Meridianology: an introduction to meridians and the Five Element Theory – their role in our health and FRS™.
- Cranial lines and points: how to identify and use.
- Practical work.

#### Parts 3 & 4 28<sup>th</sup>-29<sup>th</sup> February, 1<sup>st</sup>-2<sup>nd</sup> March 2010

- The 564 neurological points: their location, function and use within the treatment session and for self treatment.
- Stimulation techniques for facial muscles – when to use, and the benefits.
- Meridian balancing and cranial acupressure.
- Practical work.