

# Facial Reflexology

sorensensistem®

## Facial Reflexology Emotional & Structural Imbalances

*By Lone Sorensen*

*London 2011*

This Sorensensistem Facial Reflexology two-day course is a postgraduate professional course for qualified Reflexologists and other therapists. It is specifically based upon incorporating Dr Head & Bossy theories with neurological points into Sorensensistem Facial Reflexology treatment plans for emotional and mental problems.

The course uses Sorensensistem Facial maps detailing the face to give guidance for access to emotions and mental traumas from different perspectives: energetic and through the nerve and brain supply.

Emotional roots cause traumas, which ultimately affect our posture. Postural issues can cause physical unbalances that can eventually lead to illnesses.

This course not only offers therapists practical facial reflexology techniques for analyzing possible emotional blockages, which a person may be labeled with for life, but it is also offering therapeutic techniques that may help to cleanse emotional blockages, and in so doing it is then possible to change a person's trauma, personality and physical situation.

All Sorensensistem courses offer guidance towards health improvements using Lone Sorensen's unique independent therapeutic methods and they can also be combined with foot reflexology, hand therapy, acupuncture, and body massage etc.

### Course content

- Definition of the neurological relationship brain / body / emotions
- Theory of the brain cortex and the limbic system.
- Theory and demonstration of the technique of Heads method.
- Analysing of emotional blockages and treatment protocols.
- Theory and Practice of specific reflexes.
- Practice with supervision

**Date:** 15th July 2011, 10:00am till 5:30pm & the 16th of July, 5.30pm till 10.00pm

**Price:** £ 230

**Place:** YMCA, 41 Fitzroy Square, London, W1T 6AQ

(for room booking Tel: 020 73870411 Email: [indianymca@aol.com](mailto:indianymca@aol.com) Web: <http://www.indianymca.org>)

**To reserve your place on the course, latest 1st of July 2011;**

Nikke Ariff:

Email: [health@facialreflexology.com](mailto:health@facialreflexology.com)

Tel: 020 7388 9818 / 079811 54321

Facial Reflexology Sorensensistem is recognised by the following associations:

Association of Reflexologists (AoR)

British Reflexology Association


Embody

BABTAC

Federation for Holistic Therapists (FHT)

Irish Reflexologists' Institute

Independent Professional Therapists International (IPTI)

 **The ORIGINAL method**  
by Lone Sorensen.  
32 years of experience

# Facial Reflexology

By LONE SORENSEN

## Introduction to Facial Reflexology Sorensensistem™

*Facial reflexology is a therapeutic intervention in which stimulation of zones and points of the face are utilized to alleviate health conditions in other parts of the body.*

*Facial Reflexology Sorensensistem™ is a new generation complementary therapy. It is a unique treatment that combines ancient alternative therapies: Chinese energy meridians and acupuncture points, Vietnamese and Andean tribal body maps, with modern neuro-anatomy.*

*The success and effectiveness of Facial Reflexology Sorensensistem™ lies in its ability to identify the root cause of your client's health imbalances and provide you with the knowledge to initiate a healing process using the balancing properties of the above three disciplines and additional procedures including: cranial lines and points, muscle stimulation, facial nerve points together with aspects of colour and aroma therapy.*

*Devised by Lone Sorensen, herself a multi disciplinary therapist, she has worked to combine these therapies to heal the individual on all levels; physically, energetically and psychologically.*

Researching reflex therapies for 30 years, Lone Sorensen has developed **Facial Reflexology**, a methodology of Foot Reflexology, combined with oriental medicine, acupuncture, the South American Indian's techniques (zone therapy) and neuro anatomy. This same therapeutic method and the coordination of Foot, Hand and Face reflexology, is the base of the concept of Temprana Stimulation, which consists in rehabilitation therapy for children with brain damage. *Her methods and concepts were approved in the state rehabilitation centre for patients with brain damage in year 2000 in Denmark.*



**LONE SORENSEN** had her professional education from 1978 until 1985 in Reflexology, Acupuncture and Laser Therapy, in Denmark. She developed Facial Reflexology during 26 years of research and intensive work in Denmark and South America. She took Reflexology to Argentina and founded the first three schools in that country. She also studied in Chile, Cuba, France, Spain and Germany. LONE SORENSEN has taken part in many conventions, national as well as international. In March 2001, LONE SORENSEN was awarded by the O.M.H.S. with three Nobility prizes, becoming this way in the first Reflexologist in the world to obtain such a mention, for her work in Zone therapy, foot and hand Reflexology and Facial Reflexology.

### Cases

**Bauke from Holland wrote;** The patient, woman, 46 years had hyper ventilation for 3 years, not attacks, very subtle but constantly. She had always pressure on the chest, sigh a lot all day and fatigue. Doctor could not do anything. She did Yoga for 6 years but it did not helped her. She went to acupuncture, physiotherapy and osteopathy but all did not helped her. I did facial reflexology. During 1st treatment I noticed she did not sigh so much anymore and her breathing was almost normal. After 9 treatments she was fine. I gave her some homework; some points on the face. She also told me after 6 treatments that she felt so much better she could enjoy life more, specially the small things in life. She felt happy again, she did not felt soo good for years. She still comes for treatment once at month for 4 years now.

**Claris from Canada wrote;** My daughter's friend who was diagnosed with temporary psychotic schizophrenia is off her medication and is recovering very well. I will continue with the facial reflexology sessions.

**Helen Wood from UK wrote;** This client is 47 years old female who has suffered from postnatal depression on and off since the birth of her 1<sup>st</sup> child 18 years ago. She explained how this usually happens around a time of change, and on this occasion she became aware of the familiar feeling of depression returning as her son received his Alevel results, and had finalised his plans to go away to university. The course of 5 facial reflexology treatments was successful, and has helped to balance my client's well being, and restore good health for her again. This has been noticed not only by the removal of the physical symptoms alone, but by the reappearance and recovery from old symptoms.



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# Emotional & Structural Imbalances

## Registration Form

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**Place:** YMCA, 41 Fitzroy Square, London, W1T 6AQ, LONDON

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE: (HOME) \_\_\_\_\_ (WORK) \_\_\_\_\_

Please find enclosed my: Check  Money Order

Please make check or money order payable to: **Mind Body Positive Ltd, Nikke Ariff:**  
15 Fitzroy Square, London, W1T 6AQ, LONDON